

FSU  **Campus Recreation**
CAMP FLASTACOWO

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CAMP FLASTACOWO

FSU Seminole Reservation
Attn. Camp Flastacowo Office
3226 Flastacowo Rd
Tallahassee, FL 32310
Phone: 644-6892
Fax: 644-9852
Email: rezoffice@admin.fsu.edu

fsu.campusrec.com



division of
Student Affairs

fsu.campusrec.com

CAMP FLASTACOWO

WEATHER

We reserve the right to delay or cancel any activity to maintain the safety of campers for any weather emergency. Camp Flastacowo staff follows an emergency action plan in risky weather situations. The emergency contact number at the FSU Reservation is 644-6892.

SESSION DATES

Session 1: June 7-11
Session 2: June 14-18
Session 3: June 21-25
Session 4: June 28-July 2
NO CAMP: July 5-July 9
Session 5: July 12-16
Session 6: July 19-23
Session 7: July 26-30
Session 8: August 2-6
Session 9: August 9-13

CAMP SCHEDULE

7:30-8:30	Drop off
8:30-9:00	Morning kick off
9:00-10:00	First Rotation
10:00-11:00	Second Rotation
11:00-12:00	Third Rotation
12:00-12:30	Lunch
12:30-1:30	Fourth Rotation
1:30-2:30	Fifth Rotation
2:30-3:30	Sixth Rotation
3:30-4:00	Clean-up
4:00-6:00	Free Swim & Pick-up

@ THE FSU RESERVATION

THE CAMPER'S CREED...

I will show **CARING** for:

the camp

Practice leaving the camp as you find it—naturally clean!

how others feel

Think about the consequences of your words and actions.

others before myself

Show compassion. Help others. Be a part of camp.

I will show **HONESTY** by:

playing fair.

Have integrity. "Everyone plays, everyone wins."

telling the truth in my actions as well as in my words.

Actions speak louder than words.

showing courage.

Forgiveness. Fairness. Trustworthiness.

sharing my feelings.

Let others know if there is something wrong or if there is something that you don't understand.

I will show **RESPECT** for:

other campers' worth.

Appreciate and enjoy our differences.

my counselors.

Listen to them. They can guide you well.

other campers' property and decisions.

Show respect in everything you do.

others by being courteous and understanding.

Remember...the golden rule.

I will show **RESPONSIBILITY** by:

following camp rules.

Use the buddy system, stay in your group and listen to your counselor!

keeping track of my belongings.

Be responsible.

thinking before I act.

Speak and behave appropriately to everyone.

doing my best and trying hard.

Play hard and have fun!

The camper's creed was adapted from the YMCA.

CAMP FLASTACOWO

CAMP FEES

One Camper: \$180.00 (includes tax)

Additional Camper: \$170.00 (includes tax), per same session

This discount is limited to family members residing in the same household throughout the year. We accept only exact cash or checks made payable to Florida State University.

A \$100.00 deposit is required to reserve each session.

There will be a \$25 administrative fee for changing camp sessions.

Your camp balance is due May 14th for sessions 1, 2, 3, 4 or June 11th for sessions 5, 6, 7, 8, 9.

Make all checks payable to Florida State University with your child's name in the memo section. Camp fees are non-refundable for cancellations.

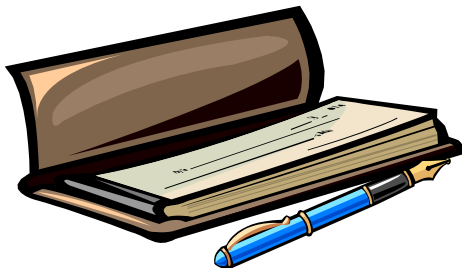
Our Mailing Address is:
Camp Flastacowo @ the FSU Reservation
Attn. Registration
3226 Flastacowo Rd
Tallahassee, FL 32310

Tax Information

For your tax records our Federal I.D. Number is 59-600-1874.

Refund Information

Full refunds will be given only for medical reasons documented by a physician. Documentation must be submitted by August 6, 2010.



@ THE FSU RESERVATION

PREPARING FOR CAMP

We strive to make campers feel welcome as they arrive for their first day at camp. Counselors will attempt to contact their assigned campers on the weekend preceding their camp session. The counselor will introduce him/herself and answer any last minute questions. Please let the Director know if your camper does not receive a "Hello" call. It's important!

CLOTHING. Plan on dressing your camper in comfortable play clothes. Be sure the camper is familiar with personal items and can identify them in the event of loss. **Label everything**, including swim suits, towels, lunch boxes, etc. Campers need to wear closed-toed shoes that will provide some support and tread. Tennis shoes work best. All clothing should be appropriate for outdoor play. Expect your camper to be active and come home dirty! **Bring a swim suit everyday.**

BACKPACKS. These are good for transporting additional items to and from camp, including arts & crafts projects. Pack your camper's swim suit, towel, sunscreen and a plastic bag for wet items. Please label the book bag with your camper's name!

LUNCH AND SNACKS– We do not provide refrigeration or a microwave for lunches. Lunch may be brought in a number of various containers– paper bags, thermal lunch bags, or a small cooler.



CAMP FLASTACOWO

CAMP DAYS

We continue activities rain or shine. Expect your camper to come home a little dirty, tired and rumpled after a full day of camp fun!

CAMP FRIENDS are in abundance! We have made special arrangements in our registration form for campers of same age to be placed together, we will try and honor those arrangements. **But ultimately, camp is about making new friends** and we cannot guarantee placement. We will make every effort to group the campers according to this policy.

LOST & FOUND

Campers are responsible for their belongings. Our Camp Counselors will do their best to ensure that campers keep up with clothing, shoes and gear. Please check with the staff member at pick-up if your camper has lost something. Also, parents please check the lost & found line at drop off & pick-up. All lost & found items will be donated to local charities after one week.

MEDICATION

A medication form must be filled out by a parent/guardian signifying prescription, dose, time, and instructions for administration of medication, including over the counter medication. No medications will be given without this release. Only medications provided by parent or guardian will be given. Medications not picked up after 5 days will be destroyed.

ILLNESS

If your child is ill, please keep your camper home. We ask you to share our concern for the health of all the campers. We require prompt pick up in the event your camper becomes ill during the program.



@ THE FSU RESERVATION

DROP OFF & PICK-UP

Drop off

Drop off time is between 7:30am and 8:30am. The main gate will be open for camper check in during this time. Group activities begin at 8:30am so please be on time so you don't miss any of the FUN!

Pick up

Pick up will be from 4:00pm-6:00pm. For your child's safety, all vehicles will be greeted by a staff member in the Gate House at the main gate. To assure the safety of our campers we will require a driver's license for identification to release your camper to individuals you have authorized on your registration form.

Using a two-way radio, your arrival is announced. Your camper will meet the authorized driver in the parking lot.

If your camper needs to leave early, please sign your camper out at the Gate House and we will get them from his/her group. When you arrive to pick up your camper, he/she will be involved in an activity. Be prepared to wait 5 to 10 minutes for your camper to leave the group, gather belongings and meet you at the Parking Lot. If you know ahead of time that you will be picking up your child early, please send a note or call, and we will try our best to have your camper ready and waiting.



CAMP FLASTACOWO

CAMPER'S BEHAVIOR. At the beginning of each week, camp staff will conduct an orientation to review the camp procedures and rules. Our disciplinary system was developed to ensure your child has a safe and positive camp experience. All disciplinary action will be handled in a **THREE STEP METHOD** outlined below:

STEP ONE: A **verbal warning** will be given to the camper informing them that a rule has been broken and that they are acting inappropriately. The camper will be asked to explain the behavior and be warned not to continue. With each step, a counselor will address any problems with the camper that could be causing undesirable behavior. The camper and the counselor will look for a solution to correct the problem.

STEP TWO: If a camper's behavior remains unsatisfactory after a verbal warning, they will be sent to **time out**. Once in time out, a camper will sit out the activity for up to ten minutes depending on their age.

STEP THREE: The final step is the **discipline report**. The parent will be called/notified of their camper's behavior. A discipline report will be filled out by the camper and director specifically stating what the camper did, what he/she should have done, and comments by the counselor and director. A camper can go directly to a discipline report if the behavior warrants immediate attention by the director and parents. If a camper receives three or more discipline reports during the summer, the camper will be suspended for one day. The parent will be called and asked to pick up their camper within **ONE** hour. Camp Flastacowo reserves the right to suspend any camper for inappropriate or unsafe behavior at any time.

@ THE FSU RESERVATION

DISCIPLINE GUIDELINES & PROCEDURES

It is Camp Flastacowo's sincere hope that your camper will venture through this summer enjoying themselves to the fullest meeting new friends, learning new games, and enjoying all that they do. With this in mind, the camp has established specific rules and a discipline system, which every camper is expected to follow.

PARENTS, PLEASE DISCUSS THE RULES WITH YOUR CAMPER BEFORE THE BEGINNING OF CAMP! Any of our counselors will be available to discuss our discipline system on a one-on-one basis.

Camp Rules

1. Know the Camp Flastacowo rules and follow them!
2. Stay with your group at all times, unless you have permission from your counselor.
3. Respect all fellow campers, counselors and other Reservation staff.
4. Be courteous with the words you use. Inappropriate language will not be tolerated. Campers will be expected to tell their parents the word or words used.
5. Keep your hands & feet to yourself at all times. You are not allowed to touch another camper/staff member in a negative way.
6. Be respectful of others belongings. Do not take anything that is not yours.
7. Respect your environment and the Reservation facility by throwing away all trash and returning equipment to the proper place after use.
8. Sit on a chair, bench or on the ground. Do not sit on tables.
9. Do not bring toys or valuables to camp (i.e. iPods & game boys.) We are not responsible for lost/broken items that are brought from home.
10. Phone calls are to be made only in the event of an emergency and are only to be made in the director's office. Campers are not allowed to use the phone. Please send a note if your camper needs to call home at any time during the day. (Note: NO camper cell phones.)
11. Campers may purchase snacks at the boat house.
12. Always follow the Golden Rule by treating others as you wish to be treated.