

INTRAMURAL REC SOCCER

PRESEASON CAPTAINS GUIDE

Here's a Breakdown of What You Need to Do to Get Your Team Into an IM League This Season.

Form a Team.

Gather Up Friends (FSU Students) to Be on Your Team. It's FREE to Play! Men's & Women's Soccer is 7-on-7, Co-Rec Soccer is 8-on-8 (4 Males, 4 Females). Additional Substitutes are Recommended. Players Can Only Be on 1 Men's or Women's Team & 1 Co-Rec Team. No In-Season Team Changes are Permitted.

Choose a League.

Men's, Women's, & Co-Rec Leagues are Offered. Various Divisions are Available in Men's and Co-Rec Leagues for the Talented (Division I), Moderately Talented (D-I-AA and D-II) and the Not-So-Talented (D-III). Each League Includes 4 Regular Season Matches Over 3 to 4 Weeks of Play (Doubleheader Possible), Followed by a Single-Elimination Postseason Playoff Tournament.

Pick a Playing Day & Time.

Matches are Played Sunday, Monday, Tuesday, Wednesday, & Thursday Nights. Each Match is 1-Hour Long. Teams Select Their Playing Day & Time at Registration. Teams Should Have Several Options Ready. Teams Play 1 or 2 Match(es) per Week on the Same Day and Near the Same Time Each Week.

Get Your Team Registered.

Just One Person Needs to Register the Whole Team (Have a Good Team Name!). Registration Starts Monday, January 9th at 12 Noon and Ends Wednesday, January 11th at 3:00 pm. Register Early for the Best Selection of Leagues, Days, and Times. It's All Online at fsu.campusrec.com/im

Take the Online Captains Exam.

View Our Online Captains Videos and Review Our Rule Summaries. Then, Demonstrate Your Knowledge of IM Guidelines and the Rec Soccer Rules by Taking the Online Captains Exam and Scoring the Required 90%. The Exam Must Be Completed by Thursday, January 12th at 8:00 am. You'll Use Blackboard to Take the Exam, but Get Directions and a Link Online at the IM Web Site at fsu.campusrec.com/im

INTRAMURAL REC SOCCER

REGULAR SEASON & PLAYOFF CAPTAINS GUIDE

Here are the Keys to Make Sure Things Run Smoothly for Your Team During the Season.

Check Your Regular Season Schedule.

Visit the IM Web Site at fsu.campusrec.com/im to Check Your Team's Regular Season Schedule for Opponents and Special Playing Dates or Times. Note that Wait List Teams Have a Special Meeting to Attend, Details Online.

Inform Your Teammates & Come Out to Play!

Pass Along the Key Information to Your Teammates. In Addition to When Your Matches are Scheduled, Remind Players to Arrive at Least 10 Minutes Prior to Match Time to Check-In. Matches are at the Rec SportsPlex East. Each Player Needs His/Her FSUCard Every Game. Review Uniform Requirements (Appropriate Shoes & No Jewelry). And, the Key Rules (No Slide Tackling!).

Avoid a Fine.

Can't Make a Scheduled Match? Be Sure to Notify the IM Sports Office by 12 Noon on the Day of the Match. Call 850-644-2430 or Email Us from Our Web Site for a FREE Default. Forfeits Result in \$30 Fine for the Captain!

Keep Your Sportsmanship Up.

Sportsmanship Matters! Make Sure Your Team Maintains a 3.0 Sportsmanship Average (on a Scale of 0-4) Throughout the Season.

Attend the Playoff Draw Meeting.

Captains Can Select the Playing Days and Times of Their Playoff Matches. Rec Soccer Playoff Draw Meetings are Scheduled for Wednesday, February 8th in 218 Student Services Building. Meetings are Just 15 Minutes Long. Get Meeting Times for Each Division Online at fsu.campusrec.com/im

Check Your Playoff Schedule.

All Teams, Regardless of Record & with the 3.0 Sportsmanship Average, are Scheduled for the Playoffs. Schedules Debut Starting February 9th. Double Check When You Play Online at fsu.campusrec.com/im. Rec Soccer Playoff Action Begins Monday, February 13th.