

**FSU  Campus Recreation
OUTDOOR PURSUITS**

Trip Itinerary + Log

QUICK FACTS	
Trip name:	Hot Springs Backpacking
Trip date(s):	4/13-4/15
Pre trip meeting date and location:	Tuesday 4/10 @ 7:00pm; Leach Center Wet Classroom (Pre trip email will be sent Monday before trip)
Trip leaders:	Michael Hooten & Alex MacDonald
Trip cost:	\$85 FSU Students / \$100 Non-students
Activity:	Backpacking + swim in hot springs Difficulty rating (circle) 1 2 3 4 5
Location (include State Park website, if applicable):	Pisgah National Forest (Hot Springs, NC) http://hikewnc.info/trailheads/pisgah/appalachian/frenchbroad/hotsprings.html
Please provide any unique features of this trip:	Hot springs are in hot springs, NC & awesome trails to hike/backpack http://hikewnc.info/trailheads/pisgah/appalachian/frenchbroad/hotsprings_trails.html

TRAVEL INFORMATION	
Method of travel:	1 Van 2 Vans Bikes Other _____ Trailer(s)? _____
Departure time:	8am
Departure location:	Denny's on campus
Any prominent stopping points?	REI and lunch
Anticipated arrival time to site:	4pm
Anticipated return time to FSU:	8pm

OVERNIGHT LODGING – please indicate where you will be lodging, the type of site (primitive campsite, primitive shelter, group campsite, cabin, hotel, other), and any other information that will help identify your site (park name, campsite #, etc.)	
Night 1	Primitive camping on trail
Night 2	Primitive camping
Night 3	

GEAR	
If paddling trip, what type of vessel is being used?	Kayak Canoe Both Sailboat
Do participants need to bring any special type of gear?	

Any other special instructions?

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	Mileage/time	Route traveled/trail used	Water availability	Terrain/ trail conditions	Campsite
Day 1	467 miles (8hr) +2hr stops & lunch= 10hrs	Tallahassee to Hot Springs, NC			Find primitive camping on AT
Day 2	Anywhere between 8 to 12 miles (your choice)	Hot springs trails. (like Golden Ridge Loop, Lover's Leap) website above.			Primitive camping
Day 3	467 miles (8hr) +2hr stops & lunch= 10hrs	Hot Springs, NC to Tallahassee			

Other special considerations for this trip:

Route: 467.3 mi, 8 hr 9 min

8 hr 18 min in current traffic conditions

[See best route based on traffic](#)



[Florida State University](#)










600 W College Ave, Tallahassee, FL

(850) 644-6200 [Website](#)

- . 1 Depart **W College Ave** toward **S Macomb St** 375 ft
- . 2 Turn **left onto S Macomb St** 401 ft
- . 3 Keep **straight onto N Macomb St** 0.2 mi
- . 4 Turn **right onto US-90 / SR-10 / W Tennessee St** 0.5 mi
- . 5 Turn **left onto US-27 / SR-61 / N Monroe St** 0.4 mi *BP/BP on the corner*
- . 6 Bear **right onto SR-61 North / Thomasville Rd** 4.5 mi *Pass Circle K in 1.5 mi*

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- . 7 Keep **straight onto US-319 North / SR-61 North / Thomasville Rd** 30.9 mi
Entering Georgia
- . *Pass Circle K on the left in 4.2 mi*
- . 8 Turn **right onto US-84 East / US-319 North / GA-35 East / GA-38 North / Wiregrass Georgia Pkwy** 3.1 mi
- . 9 Keep **straight onto US-319 North / GA-35 North** 27.7 mi *Pass BP in 1.8 mi*
- . 10 Keep **straight onto GA-33 North / GA-133 North / Billy Langdale Pkwy** 1.8 mi
- . 11 Bear **right onto GA-33 / Ga Highway 33 N** 22.2 mi
- . 12 Keep **straight onto GA-33 / GA-112 / N Main St** 0.5 mi
- . 13 Bear **left onto GA-33 / N Westberry St** 26.1 mi
- . 14 Turn **right to stay on GA-33 / Rockhouse Rd E** 1.8 mi
- 
- . 15 Take ramp **left for I-75 North toward Macon** 59.6 mi
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- . 16 At exit **156, take ramp left for I-475 North toward Atlanta** 15.5 mi
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- . 17 Take ramp **left and follow signs for I-75 North / GA-401 North** 50.1 mi
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- . 18 At exit **227, take ramp right and follow signs for I-675 North** 10.1 mi
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- . 19 Take ramp **right for I-285 East toward Augusta / Greenville** 18.0 mi
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- . 20 At exit **33, take ramp right for I-85 North toward Greenville** 11.3 mi
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- . 21 Keep **left to stay on I-85 North / GA-403 North** 7.1 mi
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- . 22 At exit **113, take ramp left for I-985 North toward Gainesville** 24.4 mi
- . 23 Keep **straight onto US-23 North / GA-13 North / GA-365 North / Cornelia Hwy** 20.0 mi
Pass Waffle House on the left in 7.6 mi
- . 24 Keep **straight onto US-23 North / US-441 North / GA-15 North / GA-365 North / Tommy Irvin Pkwy** 31.0 mi
- . 25 Keep **straight onto US-23 / US-76 / US-441 / GA-2 / GA-15 / Highway 441 S** 0.3 mi
- . 26 Keep **straight onto US-23 / US-441 / GA-15 / Highway 441 N / US-441 N** 20.6 mi
Entering North Carolina
- . *Pass BP in 6.7 mi*
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- . 27 Take ramp **right for US-23 East / US-64 North / US-441 North / Sylva Hwy / Sylva Rd** 2.0 mi
- . 28 Keep **straight onto US-23 North / US-441 North / Sylva Rd** 18.1 mi *Pass Exxon on the left in 3.6 mi*

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- . 29 Take ramp **right for US-23 North / US-74 East toward Waynesville / Asheville** 22.4 mi
- . 30 Keep **straight onto US-19 North / US-23 East / US-74 North** 0.4 mi
- . 31 At exit **104, take ramp right for NC-209 / US-23-BR toward Lake Junaluska / Hot Springs / East Waynesville** 0.1 mi
- . 32 Bear **left onto US-23 / NC-209 / Asheville Rd** 0.2 mi
- . 33 Keep **straight onto NC-209 / Crabtree Rd** 11.7 mi *Pass Pilot in 3.7 mi*
- . 34 Turn **right to stay on NC-209 / Betsys Gap Rd** 24.7 mi
- . 35 Keep **straight onto US-25 / US-70 / Bridge St** 496 ft
- . 36 Arrive at **Hot Springs, NC** *The last intersection is Meadow Ln If you reach N Spring St, you've gone too far*



Hot Springs, NC

<http://www.bing.com/maps/?FORM=Z9LH4#Y3A9MzMuMjM4NDA0NDc4OTQxNDR+LTgzLjU3Njk2NzA0NTY2NDc5JmX2bD02JnN0eT1yJnJ0cD1wb3MuMzAuNDQwNzI5Xy04NC4yODk2NTIfNjAwJTlwVyUyMENvbGxIZ2UIMjBBdmUIMkMI MjBUYWxsYWwhc3NlZSUyQyUyMEZMX0Zsb3JpZGEIMjBTdGF0ZSUyMFVuaXZlcnNpdHlfKdGq1MCKlMjA2NDQtNjllwMF 9lX1lOMTc5eDM0MTk4NTE5fnBvcy4zNS44OT11NTE0MjlxMTkxNF8tODluODI3ODczMjI5OTgwNDdfSG90JTlwU3ByaW5 ncyUyQyUyME5DX19fZV8mbW9kZT1EJnJ0b3A9MH4wfjB+>

http://www.fs.usda.gov/wps/portal/fsinternet!/ut/p/c5/04_SB8K8xLLM9MSSzPy8xBz9CP0os3gDfxMDT8MwRydLA1cj7 2BTsw8jAwgAykeaxcN4jhYG_h4eYX5hPgYwefy6w0H24dcPNgEHcDTQ9_Plz03VL8iNMMgycVQEAlzTHkw!/dl3/d3/L2d JQSEvUUt3QS9ZQnZ3LzZfME80MEkxVkFCOTBFMktTNUJIMjAwMDAwMDA!/?ss=110811&ttype=recarea&recid=70835 &actid=51&navtype=BROWSEBYSUBJECT&position=BROWSEBYSUBJECT&navid=11016000000000&pnavid=1100000 00000000&cid=FSE_003714&pname=National+Forests+in+North+Carolina+-+Hot+Springs+Area