

**FSU  Campus Recreation
OUTDOOR PURSUITS**

Trip Itinerary + Log

QUICK FACTS		
Trip name:	Wilderness First Aid (WFA)	
Trip date(s):	2/4-2/5	
Pre trip meeting date and location:	Pre-course email will be sent Monday before trip. Refer to course registration packet.	
Trip leaders:	Phil Hart – EMT from Landmark Learning, LLC	
Trip cost:	\$175 FSU Student / \$195 FSU non-student	
Activity:	Wilderness First Aid- intensive backcountry medical training	Difficulty rating (circle) 1 2 3 4 5
Location (include State Park website, if applicable):	FSU Reservation	
Please provide any unique features of this trip:	Will be certified with Wilderness First Aid upon completion of the course.	

TRAVEL INFORMATION	
Method of travel:	1 Van 2 Vans Bikes Other _____ Trailer(s)? _____
Departure time:	Course will start at 8AM on both Saturday and Sunday.
Departure location:	n/a
Any prominent stopping points?	n/a
Anticipated arrival time to site:	n/a
Anticipated return time to FSU:	n/a

OVERNIGHT LODGING – please indicate where you will be lodging, the type of site (primitive campsite, primitive shelter, group campsite, cabin, hotel, other), and any other information that will help identify your site (park name, campsite #, etc.)	
Night 1	For \$20, out-of-town WFA participants may stay in a group cabin upon request. No food provided.
Night 2	
Night 3	

GEAR	
If paddling trip, what type of vessel is being used?	Kayak Canoe Both Sailboat
Do participants need to bring any special type of gear?	Cold weather clothing. Clothing that can get dirty.
Any other special instructions?	