

# INTRAMURAL VOLLEYBALL

## PRESEASON CAPTAINS GUIDE

*Here's a Breakdown of What You Need to Do to Get Your Team Into an IM League This Season.*

### **Form a Team.**

Gather Up Friends (FSU Students) to Be on Your Team. It's FREE to Play! Men's, Women's, & Co-Rec Volleyball are 6-on-6 (Co-Rec is 3 Males & 3 Females). Additional Substitutes are Recommended. Players Can Only Be on 1 Men's or Women's Team & 1 Co-Rec Team. No In-Season Team Changes are Permitted.

### **Choose a League.**

Men's, Women's, & Co-Rec Leagues are Offered. Two Different Divisions are Available in Each League with Division I for Talented Teams and Division II for Less Talented, Recreational Teams (the Not-So-Talented). Each League Includes 4 Regular Season Matches Over 4 Weeks of Play Followed by a Single-Elimination Postseason Playoff Tournament.

### **Pick a Playing Day & Time.**

Matches are Played Sunday, Monday, Tuesday, Wednesday, & Thursday Nights. Each Game is 1-Hour Long. Teams Select Their Playing Day & Time at Registration. Teams Should Have Several Options Ready. Teams Play 1 Match per Week on the Same Day and in the Same Time Block Each Week.

### **Get Your Team Registered.**

Just One Person Needs to Register the Whole Team (Have a Good Team Name!). Registration Starts Wednesday, August 31st at 12 Noon and Ends Tuesday, September 6th at 3:00 pm. Register Early for the Best Selection of Leagues, Days, and Times. It's All Online at [fsu.campusrec.com/im](http://fsu.campusrec.com/im)

### **Take the Online Captains Exam.**

View Our Online Captains Videos and Review Our Rule Summaries. Then, Demonstrate Your Knowledge of IM Guidelines and the Volleyball Rules by Taking the Online Captains Exam and Scoring the Required 90%. The Exam Must Be Completed by Wednesday, September 7th at 8:00 am. You'll Use Blackboard to Take the Exam, but Get Directions and a Link Online at the IM Web Site at [fsu.campusrec.com/im](http://fsu.campusrec.com/im)

# INTRAMURAL VOLLEYBALL

## REGULAR SEASON & PLAYOFF CAPTAINS GUIDE

*Here are the Keys to Make Sure Things Run Smoothly for Your Team During the Season.*

### **Check Your Regular Season Schedule.**

Visit the IM Web Site at [fsu.campusrec.com/im](http://fsu.campusrec.com/im) to Check Your Team's Regular Season Schedule for Opponents and Special Playing Dates or Times. Note that Wait List Teams Have a Special Meeting to Attend, Details Online.

### **Inform Your Teammates & Come Out to Play!**

Pass Along the Key Information to Your Teammates. In Addition to When Your Matches are Scheduled, Remind Players to Arrive at Least 10 Minutes Prior to Match Time to Check-In. All Matches are Played in Tully Gym. Each Player Needs His/Her FSUCard Every Match. Review the Key Rules and Uniform Requirements (Appropriate Court Shoes & No Jewelry).

### **Avoid a Fine.**

Can't Make a Scheduled Match? Be Sure to Notify the IM Sports Office by 12 Noon on the Day of the Match. Call 850-644-2430 or Email Us from Our Web Site for a FREE Default. Forfeits Result in \$30 Fine for the Captain!

### **Keep Your Sportsmanship Up.**

Sportsmanship Matters! Make Sure Your Team Maintains a 3.0 Sportsmanship Average (on a Scale of 0-4) Throughout the Season.

### **Attend the Playoff Draw Meeting.**

Captains Can Select the Playing Days and Times of Their Playoff Matches. Volleyball Playoff Draw Meetings are Scheduled for Thursday, October 6th in 218 Student Services Building. Meetings are Just 15 Minutes Long. Get Meeting Times for Each Division Online at [fsu.campusrec.com/im](http://fsu.campusrec.com/im)

### **Check Your Playoff Schedule.**

All Teams, Regardless of Record & with the 3.0 Sportsmanship Average, are Scheduled for the Playoffs. Schedules Debut Starting Friday, October 7th. Double Check When You Play Online at [fsu.campusrec.com/im](http://fsu.campusrec.com/im). Volleyball Playoff Action Begins Monday, October 10th.



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